Muir Trek Leadership Workshop
November 8th - 11th
Hosted by Camp Cooper, in Tucson, Arizona

“I only went out for a walk and finally concluded to stay out till sundown, for going out, I found, was really going in.”

Trek & Training Schedule

Day 1
Join us at 5pm at Camp Cooper for dinner, orientation and an overnight stay.

Day 2
Experience the Muir Trek - from sunrise to sunset.

Day 3
A full leadership training day reviewing Muir Trek and its inputs, and sharing the nuances of successful trekking.

Day 4
Final day session on promoting the Muir Trek, plus other leadership responsibilities.

Online Registration

Email coe-coopercenter@email.arizona.edu
Call 520-743-7422

$200 per participant*

*Fees include all course materials, overnight lodging at Camp Cooper on Friday November 8th, dinner that evening, as well as food during during the Trek on Saturday. Your workshop fee includes a one year membership to The Institute for Earth Education (IEE) and will be eligible to access and/or purchase a Leader's Kit from IEE.

Muir Trek Leadership Workshop

The Institute for Earth Education (IEE) is offering a special session for outdoor leaders – the Muir Trek Leadership Workshop. This three-and-a-half day training includes participation in a day-long Muir Trek, how to prepare participants for the trek, and the necessary Muir Trek leadership skills.

What is a Muir Trek?

The Muir Trek is a sunrise to sunset journey through a natural wild place no one knows. Inspired by explorer and Sierra Club founder John Muir, who would head into the wilds of nature seeking only the richness of the day rather than a set destination.

The goal of a Muir Trek is an internal one, to be conscious and joyful in being outdoors in direct contact with the earth. There is time to sit and watch and reflect on the natural world, and to saunter and wander over relatively short distances.

After the Trek, the two-day leadership workshop includes:

• A detailed review of the Muir Trek Leader’s Manual
• Processing of all the setup and details of the Trek
• Practice presenting readings from John Muir
• Ways to practice and set-up Treks in your own locations

COOPER CENTER for ENVIRONMENTAL LEARNING

The Cooper Center for Environmental Learning (Camp Cooper) provides adventurous and hands-on overnight and day learning experiences in the Sonoran Desert. The Center is powered by a groundbreaking partnership between the Tucson Unified School District, who owns and maintains the facilities, and the University of Arizona’s College of Education, who facilitates educational programming for learners of all ages.