

# M & M Icebreaker—Getting to Know You Activity

**Objective:** This activity is for mentees and mentors to get to know each other more when they first meet.

## List of Supplies

1. M&M's (Or any other colorful candy)
2. Paper & Pencil for the key

## Steps for the Activity

1. Have each mentee take a couple pieces of M&M's (hopefully different colors)
2. Create a key for what each color means
  - Blue – Favorite Food
  - Green – Favorite Animal
  - Red – Favorite Hobbies
  - Brown – Favorite Subject
  - Yellow – Wildcard
3. Each student and mentee takes turns introducing themselves and explaining information about themselves corresponding to each color M&M.
4. After this activity your mentees will know more about who you are and you will know more about who your mentees are. Both you and your mentees are happy because you get to eat the candy when you're done!

Adapted from: Devin Wall, Fall 2012