

Katie R. Eklund, Ph.D.

University of Arizona
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EDUCATION

University of California, Santa Barbara **Santa Barbara, CA**
Ph.D. Counseling, Clinical, and School Psychology *June 2011*
Dissertation: Early Identification of Behavioral and Emotional Problems in Children and Youth
PPS School Psychology credential, Nationally Certified School Psychologist

University of Michigan **Ann Arbor, MI**
Master of Social Work *August 2000*
Interpersonal Practice with Children and Youth, School Social Work Certificate

Valparaiso University **Valparaiso, IN**
Bachelor of Social Work, Bachelor of Arts *May 1999*
Majors: Social Work and Psychology Minor: Theology

TEACHING EXPERIENCE

Assistant Professor **2012 – present**
University of Arizona *Tucson, AZ*
Tenure-track assistant professor in School Psychology program, serving masters and doctoral level students. Experience teaching Cultural Diversity, Ethics, Supervision and Consultation, Cognitive Assessment, and Psychoeducational Assessment.

Adjunct Professor **2011 - 2012**
University of Denver *Denver, CO*
Instructor for *Educational Psychology* graduate course for elementary and secondary teacher candidates. Objectives include differentiated instruction for students with special needs, high and low incidence disabilities, Response to Intervention, and behavior support planning.

Graduate Instructor **2011 – present**
Colorado Department of Education & Adams State College *Denver, CO*
Instructor for *Consultation and Problem Solving Process* course. Objectives: development of effective consultation skills and Colorado Response to Intervention (RtI) model, with a specific focus on learning and behavioral problems, gifted and talented, and English Language learners.

Adjunct Professor **2009-2010**
Westmont College *Santa Barbara, CA*
Developed and taught *Child Development* undergraduate psychology course and facilitated student fieldwork experiences in community childcare and educational settings.

Graduate Instructor **2007-2010**
University of California, Santa Barbara *Santa Barbara, CA*
Taught *Collaboration and Consultation* graduate course for teacher candidates. Objectives include effective consultation, collaboration with educators and families, and teacher leadership.

M.Ed. Facilitator, Teacher Education Program **2007-2010**
University of California, Santa Barbara *Santa Barbara, CA*
Served as facilitator and advisor to teacher candidates in completion of their final Masters thesis and achievement of their California teaching credential.

Teaching Assistant **2007-2008**
University of California, Santa Barbara *Santa Barbara, CA*
Served as graduate teaching assistant for *Psychology of Gender* undergraduate course.

CLINICAL EXPERIENCE

School Psychologist **2010-2012**
Fountain Fort Carson School District *Colorado Springs, CO*
Provide comprehensive school-based mental health support to military children and their families at Fort Carson Army Base through assessment, intervention, and consultation services. Leadership roles include leading Response to Intervention team, Positive Behavioral Intervention and Support team, and District Crisis Response team; District Autism team; and implementation of school-wide social emotional curriculum.

Psychology Internship- Behavior Consultant **2007-2010**
Santa Barbara and Goleta Union School Districts *Santa Barbara, CA*
Conducted comprehensive psychoeducational assessments, developed evidence-based interventions in consultation with teachers and parents, and provided individual and group psychotherapy. Researched efficacy of social-emotional learning program and brief universal screening measure to detect students with behavioral and emotional symptoms.

UCSB Psychology Assessment Center Senior Clinician **2008-2010**
University of California, Santa Barbara *Santa Barbara, CA*
Conducted full psychological assessments of children and adolescents, including administration and interpretation of cognitive, academic, personality, and neuropsychological assessments; clinical supervision conducted with licensed clinical psychologist.

Hosford Clinic Practicum Supervisor **2008-2009**
University of California, Santa Barbara *Santa Barbara, CA*
Served as supervisor to first year counseling, clinical, and school psychology students in the UCSB community training clinic, including weekly group and individual supervision.

Clinical Social Worker **2007-2008**
University of California, Santa Barbara Student Health Center *Santa Barbara, CA*
Provided clinical case management for undergraduate and graduate students; collaborated with psychiatric and medical care providers, families, university staff, and community agencies in the development of intervention and safety plans.

Mental Health Coordinator **2005-2007**
Douglas County School District *Douglas County, CO*
Supervised and mentored 50 school psychologists and 40 school social workers. Led mental health initiatives in a school district that serves 50,000 students. Co-authored and trained district Response to Intervention, suicide intervention, threat assessment, and child abuse and neglect reporting procedures. Co-grant manager for a three-year state funded \$300k RTI grant.

School Social Worker **2002-2005**
Douglas County School District *Douglas County, CO*

Provided clinical psychotherapy to individuals and groups with moderate to severe psychological and psychiatric problems, conducted psychoeducational assessments, and created behavioral intervention plans at the middle and high school level. Served as Response to Intervention district facilitator; co-taught psychology, child development, and student leadership courses; high school head track and field and cross country coach for five years.

School Social Worker **2000-2002**
Lake Zurich School District *Lake Zurich, IL*

Provided assessment, intervention, and consultation services in elementary and high schools. Served as district safe and drug free schools prevention coordinator, implementing peer education prevention programs targeting alcohol and drug use, eating disorders, and violence prevention. Created and lead district crisis response team and served as girls head track coach.

School Social Work Intern **1999-2001**
Stevenson Middle School *Detroit, MI*
Lew Wallace High School *Gary, IN*

Provided individual and group psychotherapy, clinical case management, and assessment and intervention plans. Enhanced understanding of diversity issues by creating and implementing an urban/rural student diversity exchange program. Conducted research on parental involvement in education and served as student council advisor and track and field coach.

RESEARCH EXPERIENCE

Social Emotional Learning and Supports for Military Children **2010-present**
Fountain Fort Carson School District *Colorado Springs, CO*

Administering school climate, wellness indicators, and universal mental health screening measures to assess impact of evidence-based social emotional learning program and Positive Behavioral Intervention and Support (PBIS) on functioning of school-aged youth.

Dissertation: Early Identification of Behavioral and Emotional Problems in Children and Youth **Spring 2010**
University of California, Santa Barbara *Santa Barbara, CA*

Research included three years of data collection on universal mental health screening measures and teacher referral data in a large urban school district. Conducted multivariate analyses and structural equation modeling to explore utility of universal screening measure to detect behavioral and emotional concerns among elementary and middle school youth.

Lead Graduate Research Assistant, Project Act Early **2007-2010**
University of California, Santa Barbara *Santa Barbara, CA*

Served as lead research assistant for a large, federally-funded longitudinal research project: Development and Validation of a Screener for Behavioral and Emotional Problems in Elementary and Middle School (Principal Investigators: Randy Kamphaus, Ph.D. and Christine DiStefano, Ph.D.). Facilitated weekly consultation with site coordinators at 30 schools in Los Angeles Unified School District.

Conducted empirical research with undergraduate students through survey data collection utilizing positive psychology measures and behavioral rating scales. Assessed individual levels of well-being and psychopathology to propose a dual factor model of mental health.

PUBLICATIONS

- Eklund K. (under review). Screening for behavioral and emotional risk versus traditional school identification methods. *Journal of Applied School Psychology*.
- Eklund, K., & Gueldner, B. (in press). Assessing suicidal thoughts and behaviors in the schools. In S. E. Brock, & S. R. Jimerson (Eds.), *Best practices in school crisis prevention and intervention*. Bethesda, MD: National Association of School Psychologists.
- O'Malley, M. & Eklund, K. (in press). Creating safe and supportive learning and working environments. In S. E. Brock, & S. R. Jimerson (Eds.), *Best practices in school crisis prevention and intervention*. Bethesda, MD: National Association of School Psychologists.
- Dowdy, E., Doane, K., Eklund, K., & Dever, B. A. (2012). A Comparison of Teacher Nomination and Screening to Identify Behavioral and Emotional Risk within a Sample of Underrepresented Students. *Journal of Emotional and Behavioral Disorders, 56(2)*, 12-56.
- O'Malley, M.D., & Eklund, K. (2012). S3 What Works Brief #10: Improving Staff Climate. San Francisco: WestEd.
- Eklund, K., Jones, C., Furlong, M., & Dowdy, E. (2011). Integrating a strengths-based approach to assessment: A dual-factor model of mental health. *Journal of College Student Psychotherapy, 25*, 79-92
- Kamphaus, R., DiStefano, C., Dowdy, E., Eklund, K., & Dunn, A. (2010). Defining the "problem" in problem solving models via universal screening for behavioral and emotional problems in schools. *School Psychology Review, 39(3)*, 395-407.
- Eklund, K., Renshaw, T., Dowdy, E., & Jimerson, S. (2009). Early identification of behavioral and emotional problems: Universal screening versus teacher-referral identification. *California School Psychologist, 14*, 89-96.
- Dowdy, E., Furlong, M., Eklund, K., Saeki, E., & Ritchey, K. (2009). Screening for mental health and wellness: Current school-based practices and emerging possibilities. In B. Doll (Eds.), *Handbook of Prevention Science*. Bethesda, MD: National Association of School Psychologists.
- Renshaw, T., Eklund, K., Dowdy, E., Jimerson, S. R., Hart, S. R., Earhart, J., & Jones, C. N. (2009). Examining the relationship between scores on the behavioral and emotional screening system and student academic, behavioral, and engagement outcomes: An investigation of concurrent validity in elementary school. *California School Psychologist, 14*, 81-88.
- Hart, S. R., Dowdy, E., Eklund, K., Renshaw, T. L., Jimerson, S. R., Jones, C. N., & Earhart, J. (2009). A controlled study assessing the effects of the impulse control and problem solving unit of the second step curriculum. *California School Psychologist, 14*, 105-110.

- Earhart, J., Jimerson, S. R., Eklund, K., Hart, S. R., Jones, C. N., Dowdy, E., & Renshaw, T. L. (2009). Examining relationships between measures of positive behaviors and negative functioning for elementary school children. *California School Psychologist, 14*, 97-104.
- Jones, C. N., Hart, S. R., Jimerson, S. R., Dowdy, E., Earhart, J., Renshaw, T. L., Eklund, K., & Anderson, D. (2009). Solution-focused brief counseling: Guidelines, considerations, and implications for school psychologists. *California School Psychologist, 14*, 111-122.

PROFESSIONAL CONFERENCE PRESENTATIONS

- Eklund, K. & Bass, S. (2012, October). Advocating for childrens mental health needs: Aligning your role with national models of practice. Symposium presentation at the Conference for Advancing School Mental Health, Salt Lake City, UT.
- Eklund, K., Vertrees, T., Burton, C. & Eade, T. (2012, October). Enhancing school climate and providing social emotional learning supports for military children. Symposium presentation at the Conference for Advancing School Mental Health, Salt Lake City, UT.
- Eklund, K. (2012, October). Early identification and screening for emotional and behavioral risk. Poster presentation at the Conference for Advancing School Mental Health, Salt Lake City, UT.
- Eklund, K. (2011, October). Stand up & be counted: Developing critical links and pathways to advocacy. Keynote presentation at the North Carolina School Psychology Conference, Winston-Salem, NC.
- Eklund, K. (2011, July). Learning and social emotional supports for vulnerable populations. Panel presentation at George Washington University/NASP Public Policy Institute, Washington D.C.
- Eklund, K. (2011, February). Comparing behavioral and emotional screening to traditional teacher referral systems. Paper presentation at the annual meeting of the National Association of School Psychologists, San Francisco, CA.
- Eklund, K., & Duncan, B. (2011, February). Using your degree for diplomacy: Putting advocacy into action. Special session conducted at the annual meeting of the National Association of School Psychologists, San Francisco, CA.
- Doane, K., Eklund, K., & Chin, J. (2011, February). Comparing universal screening practices. Paper presentation at the annual meeting of the National Association of School Psychologists, San Francisco, CA.
- Skalski, S., Kelly, J., Bass, S., & Eklund, K. (2011, February). Stand up and be counted: Grassroots advocacy. Special session conducted at the annual meeting of the National Association of School Psychologists, San Francisco, CA.
- Eklund, K., Twyford, J., Chin, J., & Dowdy, E. (2010, August). *Behavioral RTI: Identification and intervention for behavioral and emotional problems*. Paper presentation at the annual meeting of the American Psychological Association, San Diego, CA.
- Eklund, K., & Renshaw, T. (2010, August). *Behavioral and emotional universal screening in schools*. Poster presentation at the annual meeting of the American Psychological Association, San Diego, CA.

- Twyford, J., Chin, J., Eklund, K., & Dowdy, E. *Comparing teacher screeners for detection of behavioral and emotional risk*. Poster presentation at the annual meeting of the American Psychological Association, San Diego, CA.
- Eklund, K., & Renshaw, T. (2010, March). *The utility of behavioral and emotional screening in elementary school*. Paper presentation at the annual meeting of the National Association of School Psychologists, Chicago, IL.
- Eklund, K., Duncan, B., & Mojadeddi, M. (2010, March). *Using your degree for diplomacy: Putting advocacy into action*. Special session conducted at the annual meeting of the National Association of School Psychologists, Chicago, IL.
- Twyford, J., Eklund, K., Chin, J., & Dowdy, E. (2010, March). *Behavioral RTI Model: Implementing screening for emotional and behavioral problems*. Mini-skills presentation at the annual meeting of the National Association of School Psychologists, Chicago, IL.
- Eklund, K., Dowdy, E., & Twyford, J. (2009, August). School-wide screening for emotional, behavioral, and mental health problems. In M. Terjesen (Chair). *School-wide interventions: Screening, implementation, and outcomes*. Symposium conducted at the annual meeting of the American Psychological Association, Toronto, Canada.
- Twyford, J., Chin, J., Eklund, K. & Dowdy, E. (2009, August). *Measurement equivalence across ethnicities for a teacher behavior rating screener*. Poster presentation at the annual meeting of the American Psychological Association, Toronto, Ontario.
- Dowdy, E., Kamphaus, R. W., Eklund, K., & Miller, D. (2009, February). *Universal screening: Who, what, where, when, why, and how*. Mini-skills presentation conducted at the annual meeting of the National Association of School Psychologists, Boston, MA.
- Furlong, M., Eklund, K., & Jones, C. (2009, March). *Positive psychology take 2: The role of psychological well-being in adolescent mental health assessment*. Paper presentation at the annual meeting of the California Association of School Psychologists, Riverside, CA.
- Dowdy, E., Kamphaus, R. W., Eklund, K., & Miller, D. (2009, March). *Universal screening: Who, what, where, when, why, and how*. Workshop presented at the annual meeting of the California Association of School Psychologists, Riverside, CA.
- Eklund, K. & Dove, M. (2007, February). *Focus on results Colorado project*. For Colorado District Leadership Symposia, Colorado Department of Education Sliver Grant Project, Denver, CO.
- Eklund, K. (2006, October). *Mental health services in a RTI model*. Presentation at the Colorado School Social Work Conference, National Association of Social Workers, Breckenridge, CO.
- Eklund, K., Laning, J., & Clemenson, L. (2006, September). *District crisis response team training and best practices*. Workshop presented at the National Institute for Trauma and Loss in Children Training, Castle Rock, CO.
- Lines, C., Eklund, K., & Reeves, M. (2005, September). *Behavioral interventions in a RTI model*. Workshop presented at the For Colorado Grant Fall Symposia and sponsored by the Colorado Department of Education Sliver Grant, Denver, CO.

PROFESSIONAL DEVELOPMENT PRESENTATIONS AND TRAININGS

- Eklund, K. (2011, September). *Positive Behavior Intervention and Supports*. Fountain Fort Carson School District Staff Development, Fort Carson, CO.
- Eklund, K. (2011, March). *Suicide prevention and intervention*. Fountain Fort Carson School District Staff Development, Fort Carson, CO.
- Eklund, K., Brychka, S., & Turner, T. (2007, January). *Response to Intervention district leadership plan*. Douglas County Schools Learning Services Retreat, Castle Rock, CO.
- Eklund, K. (2006, November). *Suicide intervention procedures and best practices*. School administrator training presented at the Douglas County Schools Principal Summit, Castle Rock, CO.
- Eklund, K., Borland, L., & Thompson, P. (2005, September). *Threat assessment procedures and best practices*. Douglas County Schools District Wide Trainings, Castle Rock, CO.
- Eklund, K., & Price, P. (2003 & 2004, August). *Child abuse inservice training*. Mountain Vista High School, Highlands Ranch, CO.
- Eklund, K. (2002, August). *Suicide warning signs and child abuse inservice training*. Sagewood Middle School, Parker, CO.
- Eklund, K., & Losavio, C. (2001, September). *District crisis response team model presentation*, Lake Zurich School District, Lake Zurich, IL.

EDITORIAL EXPERIENCE

- Editorial Board. *School Psychology Quarterly* (2012 – present)
- Editorial Board. *Contemporary School Psychology Journal* (2009 – present)
- Ad-Hoc Reviewer. *Journal of Applied School Psychology* (2012 – present)
- Material Review Board. *WestEd California Healthy Kids Resource Center* (2012 – present)
- Reviewer. *Best Practices in School Psychology, Volume VI* (2012)
- Reviewer *National Association of School Psychologists* (for convention proposals, 2010)

HONORS AND AWARDS

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| 2009-10 | Graduate Division Dissertation Fellowship Award
University of California, Santa Barbara |
| 2009-10 | PEO Doctoral Scholar Award
Women's Educational Philanthropic Organization Award |
| 2009 | Paul F. Henkin APA Grant
American Psychological Foundation, Washington DC |

- 2009 **Hosford Research Grant**
Hosford Clinic, UCSB Department of Counseling, Clinical and School Psychology
- 2008 **Dean's Council Scholar, University of California, Santa Barbara**
Gevirtz Graduate School of Education
- 2007 **Continental League Girls Track Coach of the Year**
- 2006 **Sason Sharify Track Coach of the Year Award**
Colorado Coaches Association
- 2000 **State of Indiana Outstanding Social Worker**
- 1999 **Outstanding Leadership and Service Award**
Presented to an outstanding senior by faculty at Valparaiso University
- 1998 **Pi Gamma Mu National Honor Society, Valparaiso University**
- 1999 **Order of Omega National Greek Honor Society, Valparaiso University**
- 1995 **Rupert Dunklau Scholarship Award**
- 1995-99 **Dean's List, Valparaiso University**

PROFESSIONAL ORGANIZATION MEMBERSHIPS

- National Association of School Psychologists
Government and Professional Relations Committee Co-Chair
- American Psychological Association
Division 16 – School Psychology
- Arizona Association of School Psychologists
- National Association of Social Workers