

DRESS 4 SUCCESS!

Objective: The students will create a collage of what appropriate attire is for interviews and their possible career choices.

Overview: Throughout your college career you will constantly come face to face with possible employers. It is evident looking around a college campus that students do not understand casual or professional attire. This activity will help students understand what is appropriate for an interview or any interactions with possible employers, or professors they may come in contact with.

Materials:

Blank paper

Magazines (fashion, business*)

Glue sticks/tape

Scissors

Markers

Handout 1: Dress for Success Check list of proper attire

Preparation: This lesson is an extension to the Self Inquiry activity. The students went to the University of Arizona Career Center. At the center, we discussed how this center helps students find jobs, reviews resumes and interviewing skills. (such as interview and career attire)

Instructions: (30 minutes)

Part 1: (20 minutes)

- a. The students will be put to the test by creating a collage of what appropriate attire would look like for their gender. They can use Handout 1 for reference.
 - i. Some tips for professional attire are:
 1. Women:
 - a. Plain dresses, skirts, slacks and blouses
 - b. Closed toe shoes, heels
 - c. Plain Jewelry
 - d. NO jeans, flip flops and make sure your skirts and dresses fit BELOW your knees.
 2. Men:
 - a. Suits, jackets, dress pants and ties

- b. Dress shoes, NO tennis shoes
 - c. NO jeans
- ii. Some tips for casual professional attire are:
- 1. Women:
 - a. Any casual medium/long skirt, pants, dresses
 - b. Knit tops
 - c. Sandals/low heels
 - d. Accessories can be more individualized
 - e. Still NO Jeans or flip flops
 - 2. Men:
 - a. Suits without the jacket or tie
 - b. Dress shoes
 - c. NO tennis shoes or jeans
- b. The students will use magazines to cut out pictures of the attire they would wear to an interview for their future job.
- c. The students will then create a collage on a blank piece of paper by gluing/taping the images for professional and casual attire.
- d. Once the students have their collage complete (see examples), they will use markers to write the guidelines people should follow when applying for a job or working in a career.
- i. For example: If a women wanted to interview for a business position. They would wear a long skirt, blouse and jacket. Their heels would be low and they would have very little jewelry on. Next to my description would be a women modeling a business suit. It is a basic list or reminders for when they themselves go to apply for their future job.

Part 2: (10 minutes)

- a. Once the students have finished. They will take turns and quickly share what their look would consist of and the guidelines they would follow.
- b. As a group we will discuss and wrap up on the appropriate attire, reinforcing the guidelines and reminders.

Examples of work students produced:

Casual Prof. : Women

floral top
\$88
BB Dakota
Stella "leather and lace flats, revolve clothing.com

\$98
BB Dakota
Stella "leather and lace flats, revolve clothing.com

\$97.95
Vince Camuto
Pam "leather flats, endless.com

20% OFF

slouchy pants
ASOS Virgin wool-polyester blend peg trousers, \$110, asos.com

Bold color meets a polished cut
\$332
Nanette Lepore Modak-nylon-blend sheath, Nordstrom, nordstrom.com or 800-222-6360 for stores
SWANETTE

\$45
Cl. By Laundry
"Addie" faux leather flats, chineselaundry.com

\$99
Sam Edelman
"Caper" lace flats, paperlane.com





