

Counselor Activity

Objective: Students will explore different types of questions and actions they must take each year in high school to discuss with a counselor.

Overview: The counselor activity is a hands-on way for students to explore the different types of questions they need to discuss with their counselors each year. This is a great way for students to explore the role counselor's play in high school.

Materials:

Handout 1: Question/Action Cards with Titles
Magnets

Preparations: Each set of cards should be printed in a different color to eliminate mixed decks. The cards must also be cut prior to the lesson.

Instructions: (30 minutes)

Part 1: (10 minutes)

- a. Students will be given a set of Question/Action cards along with the corresponding titles. The students will be instructed to place the title cards across the tops of their table in order. (Freshman, Sophomore, Junior and Senior.)
- b. The students will then read each question/action card and place it under the column of the year, that discussion should take place with their counselor.
- c. Once the students are done, a mentor will quickly check their progress and ask questions that make the students think about where they placed their cards, and why.

Part 2: (20 minutes)

- a. Once the class is confident that all of their cards are in the correct columns, we will go through the Question/Action cards as a class. We will create the four columns with the correct cards in each column as a class on the whiteboard.
 - a. The instructor will start with Freshman year and have students discuss what Questions/Actions they placed in that column and why. If the students are correct, they will place their card on the whiteboard, holding it in place with a magnet.
 - b. As a class, discuss each Question/Action quickly until you have a completed version on the board.